

Prayers for the  
Bar Mitzvah Service  
of



Date

CONTAINS G-D'S NAME – MUST NOT BE DISCARDED.

PLEASE RETURN TO MTL

# Table of Contents

<i>Basic Prayers</i> .....	3
<i>Modeh Ani</i> .....	4
<i>Rayshis Chochmah</i> .....	5
<i>Al Neteelas Yodayim</i> .....	6
<i>Tzitzis</i> .....	7
<i>Birchas Hatorah</i> .....	8
<i>Shema</i> .....	9
<i>Adon Olam</i> .....	11
<i>Advanced Prayers</i> .....	14
<i>Yigdal</i> .....	15
<i>Olainu</i> .....	18
<i>Ein Kelokainu</i> .....	20
<i>Oseh Shalom</i> .....	22
<i>Am Yisroel Chai</i> .....	23

# *Basic Prayers*

# Modeh Ani

*In the Modeh Ani prayer, we thank Hashem every morning for His generous gift of life. This shows Hashem's tremendous confidence in us that we will do the right thing today though we may not always have the best track record. This is especially meaningful to me on the day of my Bar Mitzvah, as I celebrate G-d's trust in me that I will do the right things as a Jewish adult.*

מוֹדָה אֲנִי לְפָנֶיךָ, מֶלֶךְ חַי וְקַיִם,  
שֶׁהֲחַזַרְתָּ בִּי נְשִׁמָּתִי בְּחַמְלָה, רַבָּה  
אֱמוּנָתְךָ.

I thank You O living and eternal King  
that you returned my life to me;  
abundant is Your faithfulness

# Rayshis Chochmah

*Raishis chuchmah is a brief prayer whose message is an important one to be said at the start of every day:*

רֵאשִׁית חִכְמָה יִרְאַת יי, שְׂכָל טוֹב לְכָל  
עֲשִׂיהֶם, תְּהִלָּתוֹ עוֹמֶדֶת לְעַד. בְּרוּךְ שֵׁם  
כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעַד.

The beginning of wisdom is fear of G-d; bringing good understanding to all who practice them, His praise lasts forever.

# Al Neteelas Yodayim

*Upon rising in the morning there is a custom to wash the hands with a washing cup in preparation for a new day.*

*After the washing we say this Bracha.*

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר  
קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ עַל נְטִילַת יָדַיִם.

Blessed are You Hashem, our G-d, King  
of the universe, Who has sanctified us  
with His mitzvahs and commanded us  
with the handwashing.

# Tzitzis

*Wearing the Tzitzis every day is Mitzvah. The Tzitzis strings hanging down on each corner remind us of the 613 Mitzvas in the Torah. How? It's easy. Just write out the word Tzitzis in Hebrew and using the numerical value for each letter you will see that it equals the number 600. Each corner has 8 strings, and 5 knots.  $600+5+8=613!$*

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר  
קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ עַל מִצְוֹת צִיְצִית

Blessed are You Hashem, our G-d, King  
of the universe, Who has sanctified us  
with His mitzvahs and commanded us  
with the mitzvah of tzitzis.

# Birchas Hatorah

*To paraphrase a famous saying, "More than the Jews have kept the Torah, the Torah has kept the Jews." The following blessing is an expression of appreciation to G-d for giving us our most treasured possession: the Torah.*

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר  
בָּחַר בָּנוּ מִכָּל הָעַמִּים, וְנָתַן לָנוּ אֶת  
תּוֹרָתוֹ. בָּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה.

Blessed are You Hashem, our G-d, King of the universe, who has chosen us from among the nations and given us His Torah. Blessed are you Hashem, Giver of the Torah.



# Shema

*The Shema has been the Jewish declaration of faith throughout history.*

*It has been said by Jews for three thousand years.*

*With the Shema we declare to the world that there is only one G-d;  
G-d is all-Powerful; G-d is good.*

*We say the Shema when we go to sleep at night and when we arise in the morning.*

*We say it when a baby is born and when someone returns his soul to his Maker. According to one view, it is a call to our father Israel, also known as Jacob:*

*Hear, O Israel, Hashem is our G-d, Hashem is one.*

*Through thousands of years, we are telling our ancestor that his children are alive and well, and we still adhere to his beliefs. By saying this prayer twice a day, we continue our glorious chain of tradition.*

*My dear ancestor Jacob, today I form the next link in your chain.*

*Today I say Shema Yisrael.*

שְׁמַע | יִשְׂרָאֵל, יְיָ | אֱלֹהֵינוּ, יְיָ | אֶחָד.

Hear O Israel: Hashem is our G-d,  
Hashem is the One and Only

*IN AN UNDERTONE:*

בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.

Blessed be the name of the glory of His  
kingship forever and ever

וְאָהַבְתָּ אֶת יְיָ אֱלֹהֶיךָ, בְּכָל אֲזָבֶךָ, וּבְכָל  
נַפְשְׁךָ, וּבְכָל מְאֹדְךָ. וְהָיוּ הַדְּבָרִים הָאֵלֶּה,  
אֲשֶׁר אֲנֹכִי מְצַוְּךָ הַיּוֹם, עַל אֲזָבֶךָ.  
וְשָׁנַנְתָּם לְבָנֶיךָ, וְדַבַּרְתָּ בָם, בְּשִׁבְתְּךָ  
בְּבֵיתְךָ, וּבְלִכְתְּךָ בַדֶּרֶךְ, וּבְשֹׁכְבְךָ, וּבְקוּמְךָ.  
וְקִשְׁרָתָם לְאוֹת אֵל עַל יָדְךָ, וְהָיוּ לְטָטְפֹת  
בֵּין אֵינֶיךָ. וְכָתַבְתָּם אֵל מְזֻזוֹת בֵּיתְךָ  
וּבְשַׁעְרֶיךָ.

And you shall love Hashem your G-d with all your heart, with all your life and with all your resources. And these words that I command you today shall be on your heart. You shall teach them to your children and speak about them, when you sit in your house, when you go on the way, and when you lay down and get up. And you shall bind them as a sign between your eyes and write them on the doorposts of your house and on your gates.

# Adon Olam

*Adon Olam is a song about G-d. In it, we sing about His timelessness, His relationship with his creations, and His deep love and caring for each and every one of us. Please join me in singing the Hebrew, and I will follow with a translation so you can appreciate its meaning.*

*Adon olam Asher Molach Beterem Kol Yitzir Nivra*  
אָדוֹן עוֹלָם אֲשֶׁר מְלֹךְ, בְּטֶרֶם כָּל יִצִּיר נִבְרָא.

*Liate Nasa Becheftzo Kol Azai Melech Shemo Nikra*  
לַעֲת נַעֲשֶׂה בְּחֶפְצוֹ כָּל, אֲזַי מֶלֶךְ שְׁמוֹ נִקְרָא.

*viacharei Kichlot Hakol Levado Yimloch Nora*  
וְאַחֲרַי כְּכֹלֹת הַכֹּל, לְבַדּוֹ יִמְלֹךְ נוֹרָא.

*Vehu Haya Vehu Hove Vehu Yyiheeyeh Beteefarah*  
וְהוּא הָיָה, וְהוּא הוֹוֶה, וְהוּא יִיְהִי, בְּתֵפְאָרָה.

*Vehu Echad Veayn Shayni Lehamshilo Lehachbira*  
וְהוּא אֶחָד וְאֵין שַׁנִּי, לְהַמְשִׁיל לּוֹ לְהַחֲבִירָה.

*Beli Rayshit Belí Tachlit Velo Ha'oz Vehamisra*  
בְּלִי רֵאשִׁית בְּלִי תַכְלִית, וְלוֹ הַעֲז וְהַמִּשְׁרָה.

*Vehu Ali Vechai Go'ali Vetzur Chevli Be'ais Tzara*  
וְהוּא אֱלִי וְחַי גְּאֱלִי, וְצוּר חֶבְלִי בְּעֵת צָרָה.

*Vehu Neesi umanos Li Menas Kosí Beyom Ekra*  
וְהוּא נְסִי וּמְנוֹס לִי, מִנַּת כּוֹסֵי בְּיוֹם אֶקְרָא.

*Beyado Afkid Ruchi Beais Eeshan Veoeera*  
בְּיָדוֹ אֶפְקִיד רוּחִי, בְּעֵת אֵישָׁן וְאֶעִירָה.

*Ve'eem Ruchi Geviyati Adon-nay Li Velo Eera*  
וְעַם רוּחִי גְּוִיַּתִּי, יְיָ לִי וְלֹא אֵירָא.

The L-rd of the universe who reigned  
before anything was created.  
When all was made by his will  
He was acknowledged as King.

And when all shall end  
He, the Awesome one, shall reign.  
He was, He is,  
and He shall be in glory.

And He is one, and there's no other,  
to compare or declare His equal.  
Without beginning, without end  
and to Him belongs dominion and power.

And He is my G-d, my living G-d of redemption.  
Rock of my pain in time of distress,  
and He is my banner and my refuge,  
The portion in my cup on the day I call.

To Him I will commit my spirit,  
When I go to sleep – and I shall awaken  
With my spirit shall my body remain  
G-d is with me, I shall not fear.

# *Advanced Prayers*

# Yigdal

*Yigdal is a song that poetically tells of the Thirteen Principles of Jewish Faith that were taught by one of our greatest Torah scholars over 1000 years ago, the Rambam - Maimonides.*

יְגִדַּל אֱלֹהִים חַי וְיִשְׁתַּבַּח, נִמְצָא, וְאִין עֵת אֵל מְצִיאֹתוֹ.  
אֶחָד וְאִין יְחִיד כְּיַחֲדוֹ, נְעֻלָּם, וְגַם אִין סוּף לְאַחַדוֹתוֹ.  
אִין לוֹ דְמוּת הַגּוֹף וְאִינוּ גוֹף, לֹא נַעֲרוּךְ אֵלָיו קִדְשָׁתוֹ.  
קִדְמוֹן לְכָל דְבָר אֲשֶׁר נִבְרָא, רֵאשׁוֹן וְאִין רֵאשִׁית  
לְרֵאשִׁיתוֹ.

הֵנוּ אֲדוֹן עוֹלָם לְכָל נוֹצָר, יוֹרֵה גְדֻלָּתוֹ וּמְלֻכוֹתוֹ. שְׁפַע  
נְבוֹאָתוֹ נִתְּנוּ, אֵל אֲנֹשֵׁי סִגְלָתוֹ וְתַפְאֲרָתוֹ. לֹא קָם  
בְּיִשְׂרָאֵל כְּמֹשֶׁה עוֹד, נָבִיא וּמַבִּיט אֶת תְּמוּנָתוֹ.  
תּוֹרַת אֲמֶת נָתַן לְעַמּוֹ אֵל, עַל יַד נְבִיאָו נֶאֱמַן בֵּיתוֹ. לֹא  
יַחֲלִיף הָאֵל וְלֹא יִמִּיר דָּתוֹ, לְעוֹלָמִים, לְזוּלָּתוֹ.  
צוּפָה וְיוֹדֵעַ סִתְרֵינוּ, מַבִּיט לְסוּף דְבָר בְּקִדְמָתוֹ. גּוֹמֵל  
לְאִישׁ חֶסֶד כְּמַפְעָלוֹ, נוֹתֵן לְרֹשֶׁע רַע כְּרֹשְׁעָתוֹ.

יְשֻׁלַח לְקֶזֶז הַיָּמִין מְשִׁיחָנוּ, לְפָדוֹת מִחַכֵּי קֶזֶז יְשׁוּעָתוֹ.  
מִתִּים יְתִיָּה אֵל בָּרַב חֲסִדוֹ, בָּרוּךְ עֲדֵי עַד שֵׁם הַתְּהִלָּתוֹ.

Exalted be the Living G-d and praised, He exists -  
unbounded by time in His existence.  
He is One - and there is no unity like His Oneness.  
Inscrutable and infinite is His Oneness.  
He has no semblance of a body nor is He corporeal;  
nor has His holiness any comparison.  
He preceded every being that was created - the  
First, and nothing preceded His precedence.  
Behold! He is Master of the universe to every  
creature, He demonstrates His greatness and His  
sovereignty.  
He granted His flow of prophecy to His treasured  
splendorous people.  
There never arose among the Jewish Nation anyone  
like Moshe, a prophet who perceived His vision  
clearly.  
G-d gave His G-dly nation a Torah of truth, by  
means of His prophet, the most trusted of His  
household.  
G-d will never amend nor exchange His law for any  
other one, for all eternity.



He scrutinizes and knows our hidden most secrets;  
He perceives a matter's outcome at its inception. He  
recompenses man with kindness according to his  
deed; He places evil on the wicked according to his  
wickedness.

By the End of Days, He will send our Mashiach, to  
redeem those longing for His final salvation. G-d will  
revive the dead in His abundant kindness - Blessed  
forever is His praised Name.

# Olainu

*Olainu talks of the privilege and responsibility of recognizing the truth of a one G-d; and expresses the hope for a time when everyone will unite in this recognition.*

עָלֵינוּ לְשִׁבְחָהּ לְאֲדוֹן הַכֹּל לְתַת גְּדֻלָּהּ לְיוֹצֵר בְּרָאשִׁית.

שְׁלֹא עֲשָׂנוּ כְּגוֹיֵי הָאָרְצוֹת וְלֹא שָׁמְנוּ כְּמִשְׁפָּחוֹת  
הָאֲדָמָה. שְׁלֹא שָׂם חֲלָקֵנוּ כָּהֵם וְגָרְלָנוּ כְּכֹל הַמוֹנָם.

וְאִנְחָנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים לְפָנֵי מֶלֶךְ מַלְכֵי  
הַמְּלָכִים, הַקְּדוֹשׁ בָּרוּךְ הוּא.

שֶׁהוּא נוֹטֵה שָׁמַיִם וְיִסַּד אֶרֶץ, וּמוֹשֵׁב יְקָרוֹ בַּשָּׁמַיִם  
מִמַּעַל, וְשָׁכִינַת עֵזוֹ בְּגִבְהֵי מְרוֹמִים.

הוּא אֱלֹהֵינוּ אֵין עוֹד. אֱמֶת מְלַכְנוּ אֶפְסֵ זוּלָּתוֹ, כְּפָתוּב  
בְּתוֹרָתוֹ: וַיִּדְעָה הַיּוֹם וְהַשַּׁבָּת אֶל לְבַבָּהּ, כִּי יְיָ הוּא  
הָאֱלֹהִים בַּשָּׁמַיִם מִמַּעַל, וְעַל הָאֶרֶץ מִתַּחַת, אֵין עוֹד.

It is our duty to praise the Master of all, to acclaim the greatness of the One who forms all creation. For God did not make us like the nations of other lands and did not make us the same as other families of the Earth. He did not place us in the same situation as others, and our destiny is not the same as anyone else's.

And we bend our knees, and bow down, and give thanks, before the King, the King of kings, the Holy One, Blessed is He.

The One who spread out the heavens, and made the foundations of the Earth, and whose precious dwelling is in the heavens above, and whose powerful Presence is in the highest heights.

He is our God, there is none other. Our King is true, there is none but Him. As it is written in His Torah: "And you shall know today, and take to heart, that Hashem is the only God, in the heavens above and on Earth below. There is no other."

# Ein Kelokainu

*Ein Kelokainu is a hymn that is said at the end of the mornings Services on Shabbos and Holidays. It sings of our love and praise for Hashem, in a catchy poetic song, that has the word 'Amen' formed by the first letters of the beginning verses.*

אין כּאלהינוּ. אין כּאדונינוּ. אין כּמלכנוּ. אין כּמושיענוּ.

מי כּאלהינוּ. מי כּאדונינוּ. מי כּמלכנוּ. מי כּמושיענוּ.

נוֹדָה לְאֱלֹהֵינוּ. נוֹדָה לְאֹדוֹנֵינוּ. נוֹדָה לְמֶלְכֵנוּ. נוֹדָה  
לְמוֹשִׁיעֵנוּ.

בְּרוּךְ אֱלֹהֵינוּ. בְּרוּךְ אֹדוֹנֵינוּ. בְּרוּךְ מֶלְכֵנוּ. בְּרוּךְ מוֹשִׁיעֵנוּ.

אָתָּה הוּא אֱלֹהֵינוּ. אָתָּה הוּא אֹדוֹנֵינוּ. אָתָּה הוּא מֶלְכֵנוּ. אָתָּה  
הוּא מוֹשִׁיעֵנוּ.

There is none like our God.  
There is none like our Lord.  
There is none like our King.  
There is none like our Savior.

Who is like our God?! Who is like our Lord?!  
Who is like our King?! Who is like our Savior?!

Let us thank our God. Let us thank our Lord.  
Let us thank our King. Let us thank our Savior.

Blessed be our God. Blessed be our Lord.  
Blessed be our King. Blessed be our Savior.

You are our God. You are our Lord.  
You are our King. You are our Savior.

# Oseh Shalom

*These words, asking for peace, are found at the end of every Shemoneh Esrei-silent Amidah prayer as well as at the end of Kaddish. This makes it the most recurrent standard prayer.*

עוֹשֵׂה שְׁלוֹם בְּמַרוֹמָיו הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ  
וְעַל כָּל יִשְׂרָאֵל וְאָמְרוּ: אָמֵן

May the One who creates peace on high, bring  
peace upon us and upon all of Israel.  
And let us say: Amen.

# Am Yisroel Chai

*Mark Twain said; "All things are mortal but the Jew; all other forces pass, but he remains."*

*In this song we celebrate our unique destiny:*

*The Jewish People lives on;*

*our Father in Heaven lives eternally!*

עַם יִשְׂרָאֵל חַי. עוֹד אָבִינוּ חַי.

The Jewish People lives on; our Father in Heaven  
lives eternally!

*Warmest  
Wishes from*

